Course Outline



Gut and Brain Health

Blockages along the meridian lines prevent Qi flow through the body which creates tension in our musculoskeletal, nervous and visceral systems. Dysfunction of the meridian lines can be a result of muscle tone, scar tissues, adhesion/nodules/trigger point, illness, trauma, posture, stress and more.

Who is this course for?

This hands-on course is open to certified Level 1 BMT practitioners and qualified health care professionals wishing to broaden their scope of practice and understanding of this highly effective modality, Bioelectric Meridian Therapy (BMT).

Course accreditation CPD/CPE

- Massage & Myotherapy Australia
- ATMS
- IICT
- If you are unsure if Bioelectric Meridian Therapy fits within your scope of practice, please consult your professional association.

Qualification description

This course will equip you with a thorough understanding of the principles and concepts relating to Bioelectric Massage in the health care setting.

You will gain a thorough understanding and appreciation of the mechanism of your gut microbiome and the importance it plays in your overall health.

You will learn the manual skills to locate primary areas of dysfunction within the abdominal cavity and cranium.

You will learn practical integration of these techniques and knowledge into treatment sessions.

This course will leave you feeling more empowered and inspired to take charge of your own health. You will gain the tools to educate others in making more mindful choices to heal and maintain the integrity of their gut microbiome, leading to more healthy and vibrant lives for all those involved.

Participants will come away from this course being confident in the use of the ABMMA PRO BMT Device.

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Suggested course reading:

- Acupuncture Points and Meridians 2nd Edition by David Legge
- · Atlas of Human Anatomy by Frank Netter, MD,
- A Regional Atlas of the Human Body by Carmine Clemente.
- Complete Anatomy 3D4Medical